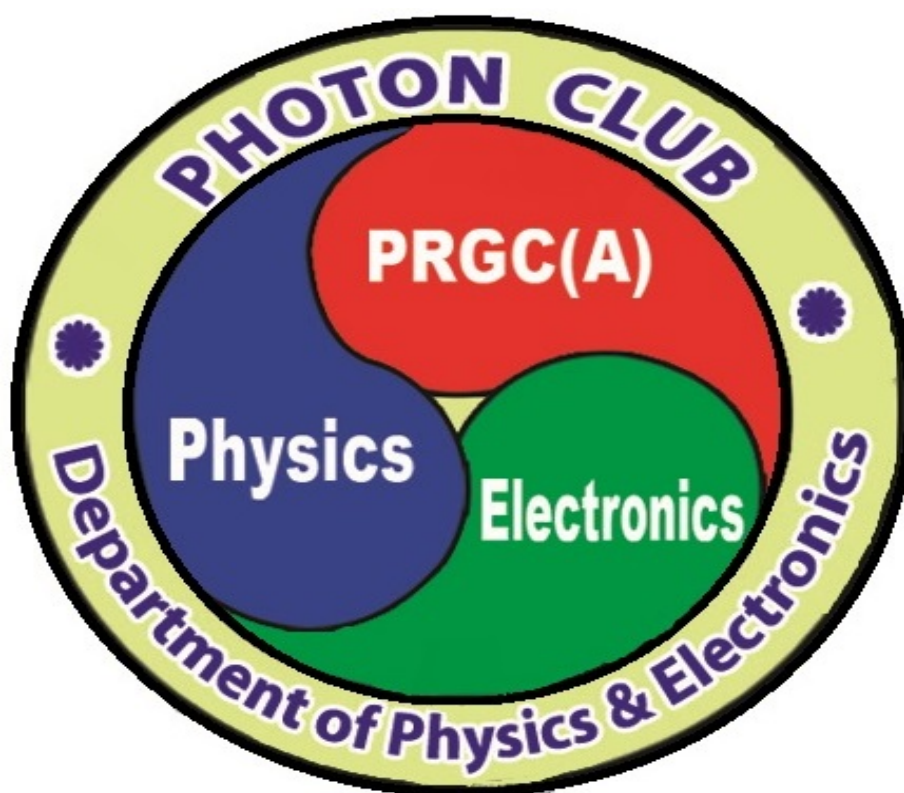


**PITHAPUR RAJAH'S GOVT. COLLEGE (A),
KAKINADA**

DEPARTMENT OF PHYSICS & ELECTRONICS



Report on

International Yoga Day Celebrations

16/06/2025 to 21/06/2025

P.R. GOVERNMENT COLLEGE (A), KAKINADA

DEPARTMENT OF PHYSICS & ELECTRONICS

Date	16-06-2025 to 21-06-2025
Conducted through DRC/JKC/ELF/ Dept. etc	Department of Physics & Electronics
Nature of the Activity (Seminar/Workshop/Extension lecture etc.)	Extension Activity
Title of the Activity	International Yoga Day Celebrations- YOGANDHRA2025
Name of the Department/Committee	Physics & Electronics
Details of Resource person (Name, Designation etc.)	Sadguru Sachithananda Yogi
No. of Students Participated	50
Brief Report of the Activity	Enclosed Inside
Name of the lecturers who planned and conducted the activity	College level program
Signature of the Lecturer in charge/ Convener of the committee	
Signature of the Principal	 
Remarks	

P.R GOVERNMENT COLLEGE (A), KAKINADA

DEPARTMENT OF PHYSICS & ELECTRONICS

STAFF MEETING

Date: 13/06/2025

An online meeting is convened on 13/06/2025 at 11am to discuss the following points. All staff members are requested to attend the meeting without fail.

Agenda:

1. To discuss the workings load, timetables, paper distribution among faculty for the semester III and V for the academic year 2025-26.

2. Participation in International Yoga Day Celebrations- YOGANDHRA-2025



In charge

Physics & Electronics

Circulated to:


A. Sub

Resolutions:

1. Discussed and finalized the work load, timetable, paper distribution among faculty for the semester III and V for the academic year 2025-26.
2. As per the orders Of the Government of Andhra Pradesh,16/06/2025 to 21/06/2025 is celebrated as Yoga week in the college and various activities are organized in this regard. Hence, it is discussed and resolved to participate in the activities conducted in the college.

M. Surebha

In charge

Physics & Electronics

Members Present:







K. Dharma



A. Balu

About Yogandra-2025:

Yogandhra 2025 was a month-long event in Andhra Pradesh leading up to the 11th International Day of Yoga (IDY) on June 21, 2025, held primarily in Visakhapatnam, which included the main celebration with over 300,000 participants performing yoga on Beach Road, resulting in two Guinness World Records for large-scale public participation and cultural inclusivity. The event also featured a month of free yoga programs across the state under the theme "[Yoga for One Earth, One Health](#)" and was attended by Prime Minister Narendra Modi and Andhra Pradesh Chief Minister N Chandrababu Naidu.

Participation in **International Yoga Day Celebrations-2025**

Under the YOGANDHRA -2025,a government of Andhra Pradesh initiative,Pithapur Rajah's Government college(A),has conducted various activities in the campus.The Staff and students of department of Physics & Electronics has actively Participation in International Yoga Day Celebrations-2025.**The following are the list of activities.**

- 1.**Yoga awareness Rally** from college campus to Collectorate junction was organized on 20/07/2025.
- 2.**Yoga classes,Community yoga & meditation session** by Yoga Practitioners from Adi guru Yoga peetham,Kakinada.
- 3.Under the **Plastic cleanup drive**, Plastic waste in the campus was collected by the students.
- 4.Under **Sapling plantation**, Saplings were planted by the Staff and students in the Campus.

Many students have participated in the program and got to know the importance of practicing Yoga and meditation.

GALLERY



Yoga Classes for staff and Students



Plantation Program



Plastic Pick up by the students

PAPER CLIPPINGS

విద్యార్థి దశలోనే యోగా శిక్షణ తప్పనిసరి చేయాలి

కాకినాడ కార్పొరేషన్, అంధ్రప్రభ : విద్యార్థి దశ నుండే యోగాను పాఠ్యాంశంగా చేర్చితే మంచి ఫలితాలు ఉంటాయి. అందుకు తగ్గట్టుగా చట్టాన్ని రూపొందించాలనిపిఆర్ కాలేజ్ పూర్వపు విద్యార్థుల సంఘం గౌరవ అధ్యక్షులు బాబిరెడ్డి, ప్రొఫెసర్ బి చక్రవర్తి, ప్రిన్సిపాల్ డాక్టర్ కందుల అంజనేయులు అన్నారు. శుక్రవారం కాకినాడ పి ఆర్ కాలేజ్ వ్యాయామం ఉపాధ్యాయుల ఆధ్వర్యంలో ప్రపంచ యోగా దినోత్సవ పురస్కరించుకుని ర్యాలీ నిర్వహించారు. పిఆర్ కాలేజ్ నుండి జిల్లా కలెక్టరేట్ వరకు ఈ ర్యాలీ కొనసాగింది. ఈ సందర్భంగా వారు మాట్లాడుతూ ఈ నెల 21 తేదీన ప్రపంచ యోగా దినోత్సవం పురస్కరించుకుని కాకినాడ పీఆర్ కాలేజీలో యోగా దినోత్సవం నిర్వహించడం జరుగుతుందన్నారు. ప్రతి ఒక్కరూ యోగా చేయాలని వారు సూచించారు. ఈ కార్యక్రమంలో ఫిజికల్ డైరెక్టర్స్



వర్మ, రమణ దుర్గారావు , రిటైర్డ్ పిడి కృష్ణమూర్తి, కల్చరల్ కోఆర్డినేటర్ ఎం. వెంకటేశ్వరరావు తదితరులు పాల్గొన్నారు.